

Cardiac Depression Scale (CDS)

This questionnaire consists of a number of statements about the way you feel **at present**.

Next to each statement there is a rating scale from 1 to 7 for you to indicate how much you agree or disagree with the statement

Strongly disagree 1 2 3 4 5 6 7 Strongly agree

Please indicate how strongly you agree or disagree with each statement by circling one of the numbers on the scale.

THERE ARE NO RIGHT OR WRONG ANSWERS

PLEASE ENSURE YOU HAVE COMPLETED ALL 26 ITEMS

CDS							
1. I have dropped many of interests and activities...	1	2	3	4	5	6	7
	None dropped					All dropped	
2. My concentration is as good as it ever was...	1	2	3	4	5	6	7
	Very poor concentration					Excellent concentration	
3. I can't be bothered doing anything much...	1	2	3	4	5	6	7
	Keen to do things					Can't be bothered	
4. I get pleasure from life at present....	1	2	3	4	5	6	7
	No pleasure					Great pleasure	

5. I am concerned about the uncertainty of my health...	1 Not concerned	2	3	4	5	6	7 Very concerned
6. I may not recover completely...	1 Will recover completely	2	3	4	5	6	7 Will not recover
7. My sleep is restless and disturbed...	1 Not restless	2	3	4	5	6	7 Very restless
8. I am not the person I used to be...	1 Just the Same	2	3	4	5	6	7 Completely different
9. I wake up in the early hours of the morning and cannot get back to sleep...	1 Never wake	2	3	4	5	6	7 Always wake
10. I feel like I am living on borrowed time...	1 Unlimited time	2	3	4	5	6	7 Very much on borrowed time
11. Dying is the best solution for me...	1 No solution	2	3	4	5	6	7 Best solution
12. I feel in good spirits...	1 Very poor spirits	2	3	4	5	6	7 Excellent spirits
13. The possibility of sudden death worries me...	1 Not at all	2	3	4	5	6	7 Very worried
14. There is only misery in the future for me...	1 No misery	2	3	4	5	6	7 Only misery
15. My mind is as fast and alert as always...	1 Slow and inattentive	2	3	4	5	6	7 Very fast and alert

16. I get hardly anything done...	1	2	3	4	5	6	7
	Everything done						Nothing done
17. My problems are not yet over...	1	2	3	4	5	6	7
	All problems over						Still major problems
18. Things which I regret about my life are bothering me...	1	2	3	4	5	6	7
	Absolutely no regrets						Great regrets
19. I gain just as much pleasure from my leisure activities as I used to...	1	2	3	4	5	6	7
	No pleasure at all						Very great pleasure
20. My memory is as good as it always was...	1	2	3	4	5	6	7
	Very poor memory						Excellent memory
21. I become tearful more easily than before...	1	2	3	4	5	6	7
	Not at all tearful						Very easily tearful
22. I seem to get more easily irritated by others than before...	1	2	3	4	5	6	7
	Never irritated						Very easily irritated
23. I feel independent and in control of my life...	1	2	3	4	5	6	7
	No Independence						Completely independent
24. I lose my temper more easily nowadays...	1	2	3	4	5	6	7
	Never lose temper						Lose it very easily
25. I feel frustrated...	1	2	3	4	5	6	7
	Not at all frustrated						Extremely frustrated
26. I am concerned about my capacity for sexual activity...	1	2	3	4	5	6	7
	No concern at all						Grave concern